

FEAR NOT – LESSONS FROM THE CHRISTMAS STORY

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I. ONE OF THE BIGGEST PROBLEMS IN OUR MODERN CULTURE

1. _____
³⁰ *“Don’t be afraid, Mary,” the angel told her, “for you have found favor with God!” Luke 1:30*

²⁰ *“Joseph, son of David,” the angel said, “do not be afraid to take Mary as your wife. For the child within her was conceived by the Holy Spirit.” Matthew 1:20*

¹⁰ *but the angel reassured them. “Don’t be afraid!” he said. “I bring you good news that will bring great joy to all people.” Luke 2:10*

¹¹ *While Zechariah was in the sanctuary, an angel of the Lord appeared to him, standing to the right of the incense altar. ¹² Zechariah was shaken and overwhelmed with fear when he saw him. ¹³ But the angel said, “Don’t be afraid, Zechariah! God has heard your prayer. Your wife, Elizabeth, will give you a son, and you are to name him John. ¹⁴ You will have great joy and gladness, and many will rejoice at his birth, ¹⁵ for he will be great in the eyes of the Lord.” Luke 1:11-15*

⁷ *For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline.” 2 Timothy 1:7*

II. WHAT THE CHRISTMAS STORY CAN TEACH US ABOUT DEALING WITH FEAR/ANXIETY

1. ACCEPT GOD’S _____ FOR MY LIFE, KNOWING IT WILL BE BEST FOR

²⁶ *In the sixth month of Elizabeth’s pregnancy, God sent the angel Gabriel to Nazareth, a village in Galilee, ²⁷ to a virgin named Mary. She was engaged to be married to a man named Joseph, a descendant of King David. ²⁸ Gabriel appeared to her and said, “Greetings, favored woman! The Lord is with you!” ²⁹ Confused and disturbed, Mary tried to think what the angel could mean. ³⁰ “Don’t be afraid, Mary,” the angel told her, “for you have found favor with God! ³¹ You will conceive and give birth to a son, and you will name him Jesus. ³² He will be very great and will be called the Son of the Most High. The Lord God will give him the throne of his ancestor David. ³³ And he will reign over Israel forever; his Kingdom will never end!” ³⁴ Mary asked the angel, “But how can this happen? I am a virgin.” ³⁵ The angel replied, “The Holy Spirit will come upon you, and the power of the Most High will overshadow you. So the baby to be born will be holy, and he will be called the Son of God. ³⁶ What’s more, your relative Elizabeth has become pregnant in her old age! People used to say she was barren, but she has conceived a son and is now in her sixth month. ³⁷ For the word of God will never fail.” ³⁸ Mary responded, “I am the Lord’s servant. May everything you have said about me come true.” And then the angel left her.” Luke 1:26-38*

KEY: God May Cause You To _____, But His Will Is _____

² *Don’t copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God’s will for you, which is good and pleasing and perfect.” Romans 12:2*

2. TRUST GOD’S _____, REGARDLESS OF HOW _____ THEY MIGHT SEEM

¹⁸ *This is how Jesus the Messiah was born. His mother, Mary, was engaged to be married to Joseph. But before the marriage took place, while she was still a virgin, she became pregnant through the power of the Holy Spirit. ¹⁹ Joseph, to whom she was engaged, was a righteous man and did not want to disgrace her publicly, so he decided to break the engagement quietly. ²⁰ As he considered this, an angel of the Lord appeared to him in a dream. “Joseph, son of David,” the angel said, “do not be afraid to take Mary as your wife. For the child within her was conceived by the Holy Spirit. ²¹ And she will have a son, and you are to name him Jesus, for he will save his people from their sins.” ²² All of this*

occurred to fulfill the Lord's message through his prophet: ²³ "Look! The virgin will conceive a child! She will give birth to a son, and they will call him Immanuel, which means 'God is with us.'" ²⁴ When Joseph woke up, he did as the angel of the Lord commanded and took Mary as his wife. ²⁵ But he did not have sexual relations with her until her son was born. And Joseph named him Jesus." Matthew 1:18-25

KEY: God Knows How Things Will Turn Out, So I Can _____

²⁸ "And we know that God causes everything to work together for the good of those who love God and are called according to his purpose for them." Romans 8:28

3. WHEN I'M NOT SURE WHERE TO GO, FOLLOW GOD'S INPUT, EVEN IF

¹ Jesus was born in Bethlehem in Judea, during the reign of King Herod. About that time some wise men from eastern lands arrived in Jerusalem, asking, ² "Where is the newborn king of the Jews? We saw his star as it rose, and we have come to worship him...." ⁹ After this interview the wise men went their way. And the star they had seen in the east guided them to Bethlehem. It went ahead of them and stopped over the place where the child was. ¹⁰ When they saw the star, they were filled with joy! ¹¹ They entered the house and saw the child with his mother, Mary, and they bowed down and worshiped him. Then they opened their treasure chests and gave him gifts of gold, frankincense, and myrrh." Matthew 2:1-2 & 9-11

KEY: Do What I _____ **& Watch For** _____

4. WHEN THINGS DON'T SEEM TO BE WORKING OUT, TRUST GOD WILL

¹⁸ Zechariah said to the angel, 'How can I be sure this will happen? I'm an old man now, and my wife is also well along in years.' ¹⁹ Then the angel said, 'I am Gabriel! I stand in the very presence of God. It was he who sent me to bring you this good news! ²⁰ But now, since you didn't believe what I said, you will be silent and unable to speak until the child is born. For my words will certainly be fulfilled at the proper time.'" Luke 1:18-20

¹ At that time the Roman emperor, Augustus, decreed that a census should be taken throughout the Roman Empire. ² (This was the first census taken when Quirinius was governor of Syria.) ³ All returned to their own ancestral towns to register for this census. ⁴ And because Joseph was a descendant of King David, he had to go to Bethlehem in Judea, David's ancient home. He traveled there from the village of Nazareth in Galilee. ⁵ He took with him Mary, to whom he was engaged, who was now expecting a child. ⁶ And while they were there, the time came for her baby to be born. ⁷ She gave birth to her firstborn son. She wrapped him snugly in strips of cloth and laid him in a manger, because there was no lodging available for them." Luke 2:1-7

KEY: Always Take God _____ **& Don't Get Discouraged By** _____

5. WHEN MY ENEMIES ATTACK, REALIZE IF I AM LIVING OUT GOD'S PLAN, HE'S

⁷ Then Herod called for a private meeting with the wise men, and he learned from them the time when the star first appeared. ⁸ Then he told them, "Go to Bethlehem and search carefully for the child. And when you find him, come back and tell me so that I can go and worship him, too!" ⁹ After this interview the wise men went their way. And the star they had seen in the east guided them to Bethlehem. It went ahead of them and stopped over the place where the child was. ¹⁰ When they saw the star, they were filled with joy! ¹¹ They entered the house and saw the child with his mother, Mary, and they bowed down and worshiped him. Then they opened their treasure chests and gave him gifts of gold, frankincense, and myrrh. ¹² When it was time to leave, they returned to their own country by another route, for God had warned them in a dream not to return to Herod. The Escape to Egypt ¹³ After the wise men were gone, an angel of the Lord appeared to Joseph in a dream. "Get up! Flee to Egypt with the child and his mother," the angel said. "Stay there until I tell you to return, because Herod is going to search for the child to kill him." ¹⁴ That night Joseph left for Egypt with the child and Mary, his mother, ¹⁵ and they stayed there until Herod's death. This fulfilled what the Lord had spoken through the prophet: "I called my Son out of Egypt." ¹⁶ Herod was furious when he realized that the wise men had outwitted him. He sent soldiers to kill all the boys in and around Bethlehem who were two years old and under, based on the wise men's report of the star's first appearance." Matthew 2:7-16

6. WHEN GOD SPEAKS TO ME, DON'T BE ALARMED, ASSUME _____

⁸ That night there were shepherds staying in the fields nearby, guarding their flocks of sheep. ⁹ Suddenly, an angel of the Lord appeared among them, and the radiance of the Lord's glory surrounded them. They were terrified, ¹⁰ but the angel reassured them. "Don't be afraid!" he said. "I bring you good news that will bring great joy to all people. ¹¹ The Savior—yes, the Messiah, the Lord—has been born today in Bethlehem, the city of David! ¹² And you will recognize him by this sign: You will find a baby wrapped snugly in strips of cloth, lying in a manger." ¹³ Suddenly, the angel was joined by a vast host of others—the armies of heaven—praising God and saying, ¹⁴ "Glory to God in highest heaven, and peace on earth to those with whom God is pleased." Luke 2:8-14

7. WHEN GOD ASKS ME TO DROP WHAT I'M DOING TO DO SOMETHING ELSE, REALIZE _____

¹⁵ When the angels had returned to heaven, the shepherds said to each other, "Let's go to Bethlehem! Let's see this thing that has happened, which the Lord has told us about." ¹⁶ They hurried to the village and found Mary and Joseph. And there was the baby, lying in the manger. ¹⁷ After seeing him, the shepherds told everyone what had happened and what the angel had said to them about this child. ¹⁸ All who heard the shepherds' story were astonished, ¹⁹ but Mary kept all these things in her heart and thought about them often. ²⁰ The shepherds went back to their flocks, glorifying and praising God for all they had heard and seen. It was just as the angel had told them." Luke 2:15-20